

DERBY RUNNER CROSS COUNTRY LEAGUE

SUNDAY 18TH JANUARY 2026

Martinshaw Woods, Groby

Organised by West End Runners

(permit number TBC)

Car parking at Farm Track entrance on Markfield Road

What 3 Words location: <https://w3w.co/crowns.rivals.frantic> (Crowns. Rivals. Frantic)

There is no postcode for this venue. All nearest postcodes will take you to the wrong place. Please use farm track entrance off Markfield Road. There is no direct access for the event on the A50.

ROAD CLOSURE

The main route that you would normally use to access this race via Ratby is currently completely closed. See the map below for the only access route to the race. Do not use the routes marked in red as you will not get through and it is a long drive round.

ACCESS ONLY VIA MARKFIELD FROM THE NORTH

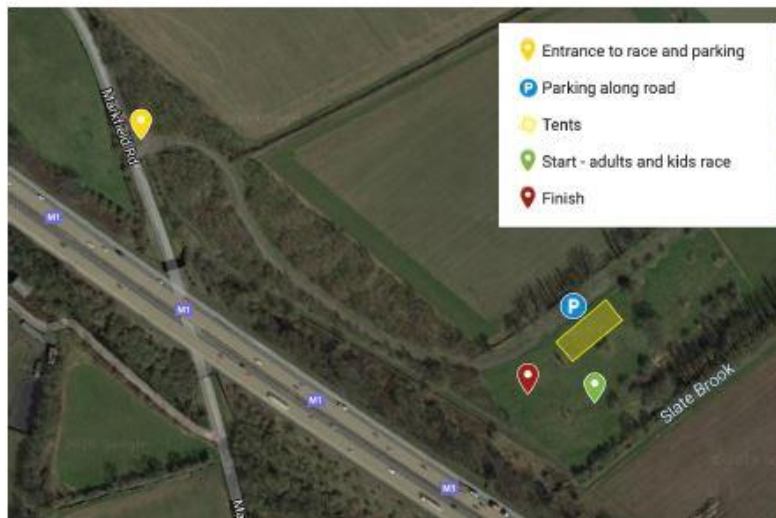


Approaching from Markfield: On Ratby Lane turn left immediately before going under the motorway bridge.

CAR SHARING IS ESSENTIAL CAR PARKING SPACE IS VERY LIMITED 3 OR MORE PEOPLE PER CAR PLEASE.

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There is plenty of space for club tents, which can be dropped off right next to the arena. Please note that there are strictly no dogs allowed on the Groby Lodge Grounds where the race start and finish area is located.

Start times Entry

Junior race: 10.00am Adults £7 (Entry on the day - cash only)

Men's race: 10.30am Children £2 (Entry on the day - cash only)

Ladies' race: 10:40am

Entry price includes a donation to the Groby Lodge Estate's charity of choice, as a thank you for allowing the race to go ahead on their land, and to the Woodland Trust. These donations will help to offset the remaining emissions from this race, which are already reduced thanks to your efforts at car-sharing. In addition, the Woodland Trust donation will help to protect and restore native woodlands like Martinshaw, advocate for policies supporting nature, and inspire people to care for woodlands and wildlife for the future.

Notes

The route on both Junior and Senior courses will be marshalled, and signposted with tape in the trees. Please keep to the route at all times.

Please take ALL litter home with you. Please take care when parking and leaving as the grass can become very slippery. Take it slow to prevent your vehicle from getting stuck.

Junior races:

Primary age: one lap of grassy/muddy paths around the start/finish area. Approx 1 mile.

Secondary age: two laps of grassy/muddy paths around the start/finish area. Approx 2 miles. Route is available to view online here: <https://www.mapmyrun.com/routes/view/4778515012/>



Senior race:

One single lap of Martinshaw Woods and surrounding fields.

Distance approx 5.7 miles.

Split Start: Men's race: 10.30am, Ladies' race: 10:40am

After an initial start across the open grass field, the route goes uphill early on around the edge of the farmer's field before a left turn into the woods at a bit of a pinch point approx. 0.6 miles into the race. The route then follows a nice mix of single track and wider woodland paths around the woods with generally plenty of space for overtaking.

After a short section in the open fields south of Martinshaw Woods you will cross over the motorway bridge for the first time. Please keep left at all times on the bridge to avoid runners coming back in the opposite direction. The route skirts the edge of a small woodland car park before doing a loop round more woodland paths before coming back to the motorway bridge.

From there you turn left and head in pretty much a straight line back through the woods with a lovely, muddy downhill section along the edge of the farmer's field all the way back to the finish line.

Route is available to view online here: <https://www.mapmyrun.com/routes/view/4645479925/>

