



Shepshed  
Running Club

## SHEPSHED RUNNING CLUB

### DERBY RUNNER CROSS COUNTRY LEAGUE – 2025-26 SEASON

#### Leicester Division

Permit ARC/26/0308

<b>Date</b>	15 <sup>th</sup> March 2026
<b>Venue</b>	Grace Dieu Manor, FCV International Football Academy Thringstone, Coalville, Leicestershire, LE67 5UG
<b>Location</b>	On the A512 between Shepshed and Ashby Approximately 2 miles from Shepshed Grid Reference SK438179 What 3 Words: <i>camp.s.badly.midfield</i>
<b>Start times</b>	Juniors                    10.00 am school years 3-6 approx 1 mile, years 7-12 approx 2 miles Seniors                    10.30 am - minimum age 17

**PARKING IS VERY LIMITED – CAR SHARING IS ABSOLUTELY ESSENTIAL**  
**MINIMUM 3 RUNNERS PER CAR**

**Please park as directed and do not park on the entrance road. The exit crosses the course and you will not be allowed to drive out when runners are crossing the road**

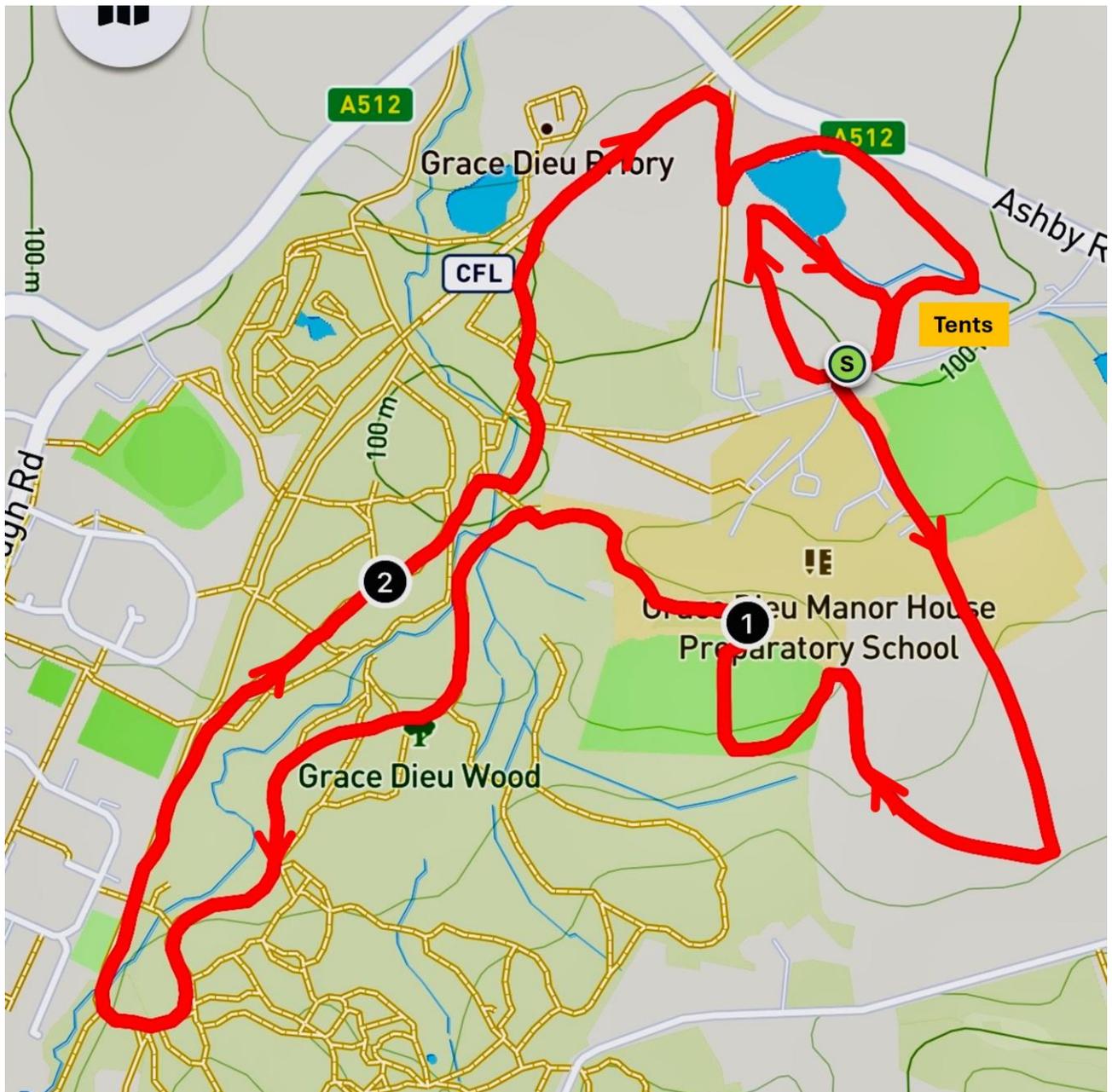
**NO DOGS ALLOWED ON SITE**

<b>Course details</b>	<b>We have revised the courses for 2026</b> Approximately 5.5 miles over 2 laps, undulating with some steep sections, across fields, soft uneven ground and through woods with mud, tree roots and rocks. There are narrow sections of wooden boardwalk, shorts section of hard path.
<b>Footwear</b>	Studs advised, spikes not recommended for main race because of rocky ground, boardwalk and hard path.
<b>Toilets</b>	There are portable toilets outside.
<b>Post-Race Event</b>	Bull & Bush 61 Sullington Rd, Shepshed, LE12 9JF
<b>Entry Fee</b>	£7.00 per runner                    £2.00 for juniors <i>this includes a donation for parking</i>
<b>Contact</b>	David Mann 07976 797975



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Shepshed Running Club – Grace Dieu Cross Country – 15<sup>th</sup> March 2026 – 2 Laps



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## Junior Race Route – 1 or 2 laps

Note this is a new course for 2026

