DERBY RUNNER CROSS COUNTRY LEAGUE ROUND 1
DERBY/ STAFFS DIVISION
PERMIT NO ARC/26/0924
SUNDAY 8th NOVEMBER 2026
FOREMARK RESERVOIR
[Approx 2 miles west of Ticknell on the road to Milton]

Adults 10.30 am - £8.00 per runner minimum age 17
Juniors 10.00 am £2.00
£1.00 per runner donated to the National Trust

CAR PARK IS LIMITED !!!!!!!! CAR SHARE IS ESSENTIAL!!!
PARKING CHARGES APPLY
ALTERNATIVE FREE PARKING ROADSIDE ON HARTSORNE TO TICKNELL ROAD----- NOTE A LONG WALK

There are NO changing facilities but toilets are available at the cafe

Senior race 2 laps + small lap. Approximately 5.9 miles.
Junior race 1.1 mile (school years 3-6) , 2.2 mile (school years 6-12)IVANHOE RUNNERS / HERMITAGE HARRIERS
Terrain will be a mixture of grassland and hard bridle path. There are some steep gradients so spikes or studs are recommended.
****PLEASE BE AWARE AND ALERT TO THE DANGERS OF THE DEEP WATER- ESPECIALLY IF YOU HAVE CHILDREN****

National Trust is very supportive of our use of the venue. However they insist on a lot of marshalling as the venue is also open to the public and the inherent danger of the water (see point above).

Due to a possibility of transfer of non-native tree pests please ensure that your shoes are clean **before** you arrive and clean them post event to prevent transfer of infections to the local Flora and Fauna.

Hosted by Dave Mann & Chris Hopkinson

EACH CLUB TO PROVIDE A MARSHAL PLEASE IF POSSIBLE

Further details from Dave Mann 07976 797975

Adult Course

