

DERBY RUNNER CROSS COUNTRY LEAGUE

Derby/Staffs Division

Race 4, South Derbyshire Road Runners

Boothorpe 28.01.2024

- **Race Location:** Gorse Lane, Boothorpe, Moira, DE12 6DH

Club Gazebos can only be dropped off here as parking is required for First Aiders

- **Parking:** Conkers Discovery Centre, Rawdon Road, Moira, DE12 6GA

**Strictly no parking on the main road.** There is adequate parking at Conkers with a very easy 5/10 minute walk to the start.

- **Course {Senior Race}:** 2 Laps of National Forest land, approximately 5.5 miles mostly on grassland with a small section of compacted paths. There are some steep gradients
- **Course {Junior Race}:** One lap for School Years 3-6, Two laps for School Years 7-12
- **Start Time:** Junior Race, 10.00am. Senior Race, 10:30am
- **Entry Fees:** Senior Race, £6, Junior Race, £2
- **Footwear:** Spikes or Trail Shoes
- **Junior Race:** Race distance for School Years 3-6 is approx.  $\frac{3}{4}$  mile for Years 7-12 is approx.  $1\frac{1}{2}$  miles
- **Toilet:** There are no toilets/showers or changing facilities
- **Notes:** All enter at their own risk. We have kindly been given permission to use this land by the National Forest. Could we please ask all Clubs to remove all litter and leave the area with no trace that we were there apart from a muddy running track. **Thank you**
- **Post Race:** Results/ Social at the Sir Nigel Gresley, Market Street, Swadlincote, DE11 0AD.

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# North West Leicestershire Running



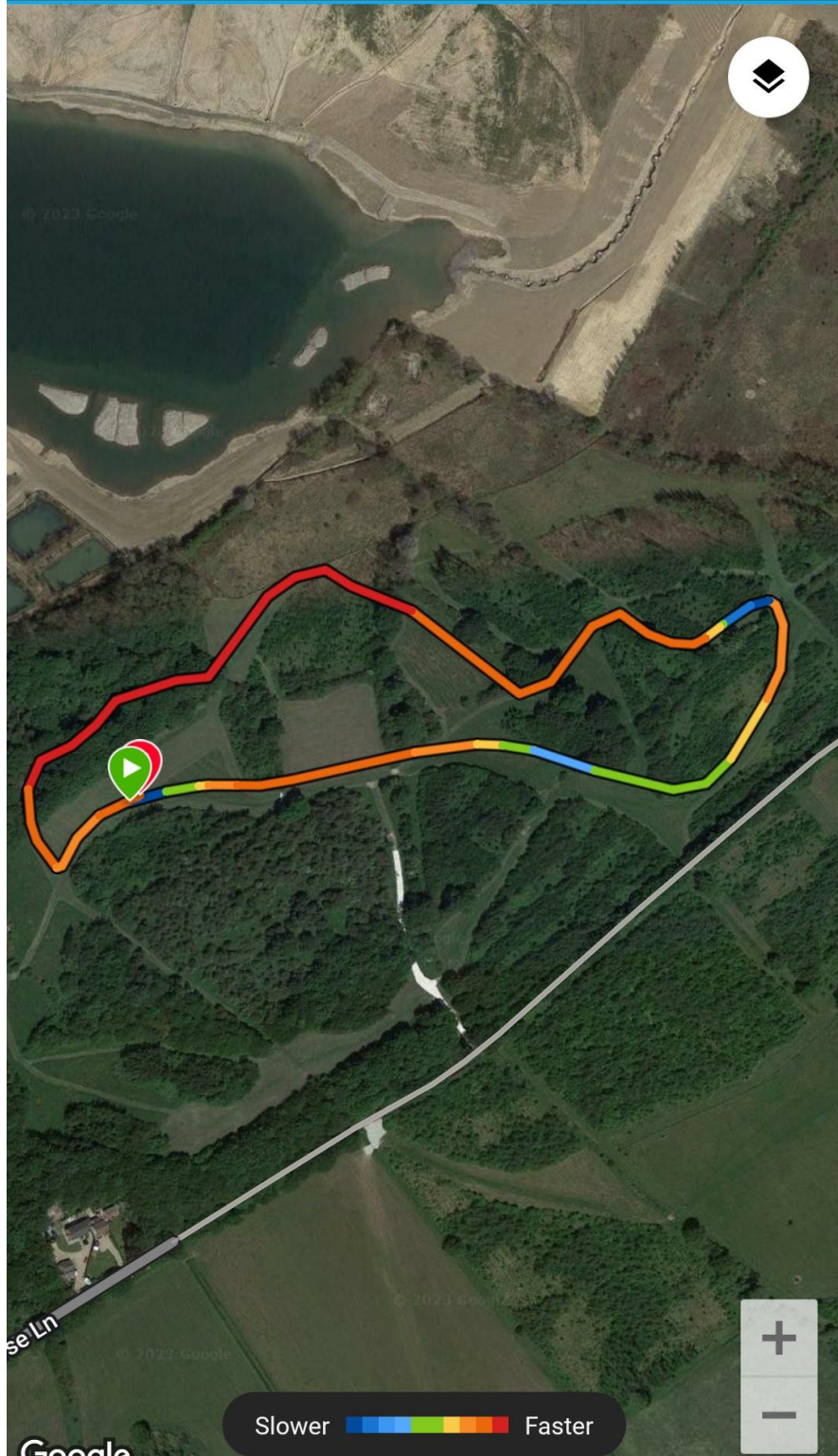
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# North West Leicestershire Running



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