

# Derby Runner XC Race No.2

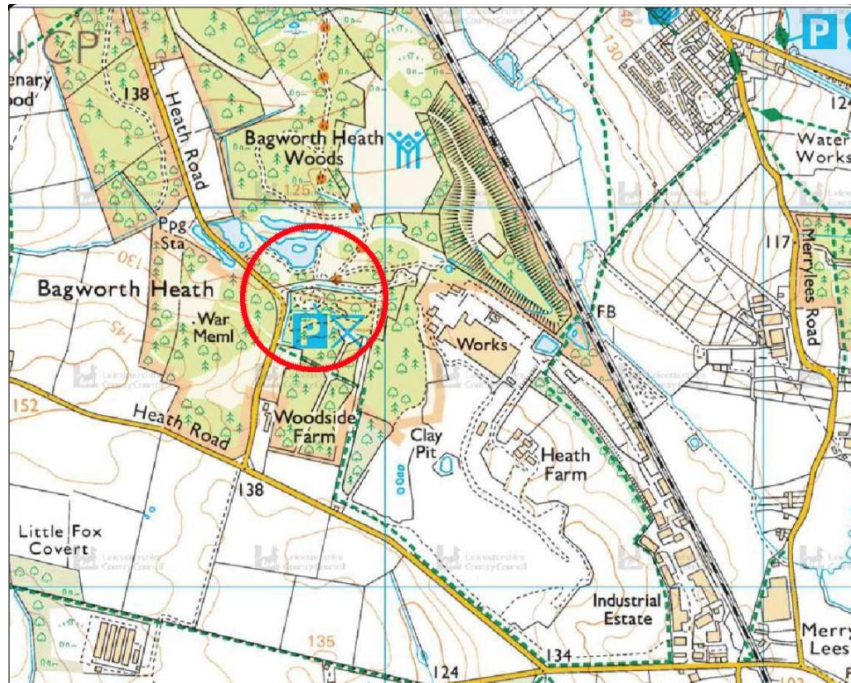
Hosted by Desford Striders RC

Race permit no. ARC/23/0615



ARC/23/0615

**Sunday 19<sup>th</sup> November 2023**  
**Bagworth Heath Country Park**  
**Heath Road, Bagworth, Coalville LE67 1DL**



**Directions:** From Thornton or Merrylees, take signs to Bagworth, then Bagworth Heath Woods.  
**What 3 words ref** [///picnic.task.impaired](http://picnic.task.impaired)

**\*\*\*\*\*Parking: VERY LIMITED - CAR SHARING ESSENTIAL\*\*\*\*\***

**Start Times:** Junior Race - 10:30am / Adults Race 11:00am

## **Junior Race:**

**Start Time: 10:30am**

**Junior Entry Fee: £2**

school years **3-6** one lap (1.1mile), **7-12** two laps (2.2 miles)

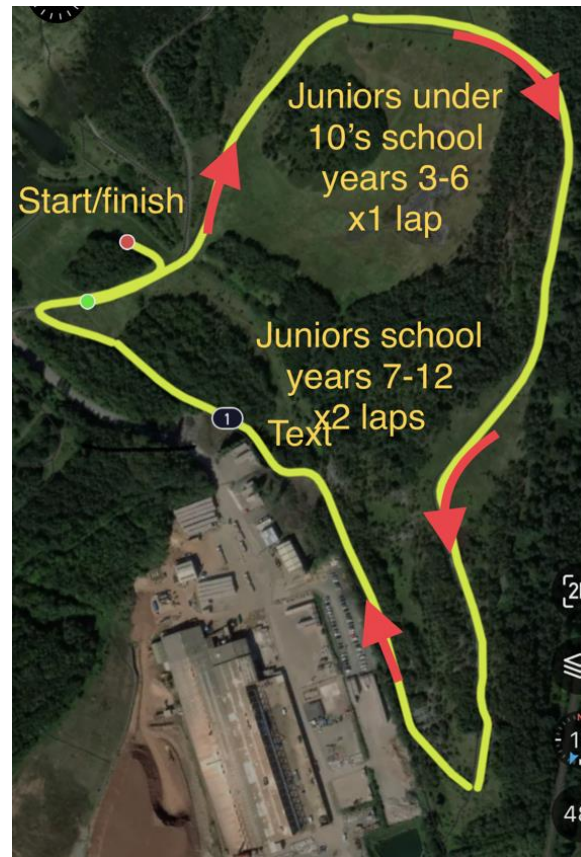
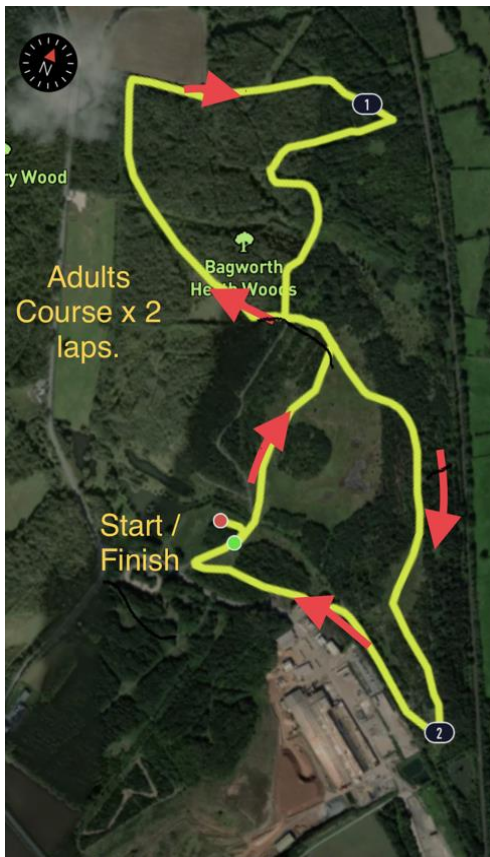
Please note we are now governed by schools xc rules so minimum age for juniors is now **school year 3**.  
Adult race minimum **age 17**.

## **Adult race; Start Time 11:00**

**Start Time 11am** (note-all runners will start together-no split start for this race)

**Entry Fee £6**

Approx 5.2 miles comprising of 2 laps. A testing hill on both laps, woodland and grassland tracks, approx 150m of compacted gravel over tarmac bridle path on both laps and a wooden platform over a ditch. **\*Note the route has some very slippery sections\***



**Tents to be situated adjacent to the finish area.**

**Footwear:** Spikes or 'off-road' shoes would be required. Re Spikes Note – there are some sections of gravel track / tree roots.

Note the following.

- The course will be marshalled /arrows posted / hazard tape where needed.
- There will be marshals at the car Park, please follow their instructions how to park. **DO NOT PARK ON DOUBLE YELLOW LINES**
- Be aware of Lorry's from the Brickworks
- This is public woodland, please be aware of walkers/loose dogs.
- Please take all your litter home with you.

**Results:** SiD, Peckleton Lane, Desford LE9 9JU. Approx. 2miles from race.

**Contact:** dsrc.inform@googlemail.com

**All runners enter at their own risk. The organisers will in no way be held responsible for any loss or damage to property or for any injury incurred.**

